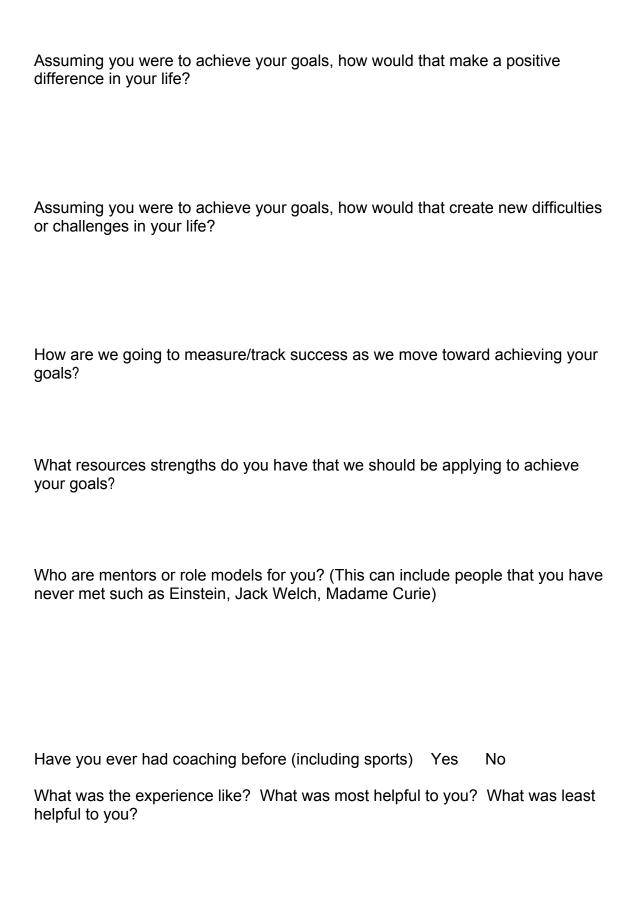
Office_	
Date of initial Contact	_

Executive Coaching Client Information Please print clearly!!

Client name			
Street	City	State	Zip
Age DOB_	Email		
Phone Day	Phone Eve	Ce	ell
Best Number to call for o	contact		
May we leave a general m back Dr. Schwarz" or "I ne at"			
Yes No			
Marital Status	_ #of children	_ages:	
Highest grade or degree	completed		
Type of employment		<u></u>	
Company			
Position:			

Coaching Questionnaire

What are your goals for essenting? Disease he as apositio and detailed as
What are your goals for coaching? Please be as specific and detailed as possible.
What positive steps have you already done to reach your goals?
What positive steps to reach your goals do you realize that you need to do, but somehow can't/don't.
Please describe what seems to get in the way:
What other circumstances / issues are going on in your life that create hurdles to achieving your goals?



There are a few different aspects and emphases in how I coach people. I want to make sure that we tailor your coaching to your needs. To help understand your expectations, please circle the appropriate numbers to show how strongly do you agree with the following statements

Strongly disagree Slightly disagree neutral slightly agree strongly agree

1 2 3 4 5

I want my coach to hold me accountable for achieving my targets.	1	2	3	4	5
I want my coach to be encouraging and supportive.	1	2	3	4	5
I want my coach to be tough with me.	1	2	3	4	5
I want my coach to help me look at things from a different perspective.	1	2	3	4	5
I want my coach to include looking at how my thoughts and beliefs may create negative patterns in my life.	1	2	3	4	5
I want my coach to keep me moving forward and focused on doing what I need to do to successfully meet my goals	1	2	3	4	5
I want my coach to include looking at spiritual or existential issues.	1	2	3	4	5
I believe that you create your reality. I want my coach to help me address this issue.	1	2	3	4	5

In order to have a broader view of your life, Please describe and comment on your satisfaction or dissatisfaction in other areas of your life

Work	/Car	eer

Friends

Relationships

Physical health/exercise
Play/Fun
Spirituality
Life Dreams or Goals
What things/activities bring you pleasure or joy?
What do you do that connects you with your (best) self?
What characteristics do you consider as your strengths?
Anything else you would like to say: